

LADIES' & YOUTH SIZE CHART

BUST

Place tape measure up under arms and measure the fullest part of the chest, keeping tape parallel to the floor.

HIP

Standing with heels together, with tape parallel to the floor, measure the fullest part.

WAIST

Tape measure should be straight around waist where pant waistband normally sits.

SLEEVE

With elbow bent, measure from the center of the back at the base of the neck, across the shoulder to the elbow and then down to the wrist.

LADIES' REGULAR SIZE

SIZE	NUMERIC SIZE	BUST	WAIST	HIP
X-Small	2	34	26	36.5
Small	4-6	35-36	27-28	37.5-38.5
Medium	8-10	37-38	29-30	39.5-40.5
Large	12-14	39.5-41	31.5-33	42-43.5
X-Large	16-18	42.5-44.5	34.5-36.5	45-47
2XL	20	46	38	48.5
3XL	22	47.5	39.5	50
4XL	24	49	41	51.5

WOMEN'S PLUS SIZE

SIZE	NUMERIC SIZE	BUST	WAIST	HIP
1X	14-16	45-47	39-41	46-48
2X	18-20	48-50	42-44	49-51
3X	22-24	51-53	45-47	52-54
4X	26-28	54-56	48-50	55-57
5X	30-32	57-59	51-53	58-60

YOUTH SIZE

SIZE	NUMERIC SIZE	CHEST	WAIST
X-Small	4	25-26	24-25
Small	6-8	26-28	26-28
Medium	10-12	28-30	28-30
Large	14-16	30-32	30-32
X-Large	18-20	32-34	32-34

*PLEASE NOTE : These charts represent body measurements, not garment measurements.